



LASALLE
CATHOLIC

ELC Meal Calendar

August & September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Breakfast	25 Trix Blueberry	26 Pancakes Pears	27 Cheese Omelet Toast Orange Slices	28 Breakfast Pizza Grales	29 Cheerios Apple	30
Lunch	Kitchen's Choice	Walking Taco Refried Beans Orange Slices Mexi Toppings	Fish Sticks Biscuit Smiley Potatoes Grapes	Orange Chicken Rice Mixed Vegetables Orange Wedges	Pepperoni Pizza Broccoli Mixed Fruit	
Snack	Apple Slices & Cheddar Cheese Cubes	Yogurt & Animal Crackers	Sunbutter Sandwich	Cucumber & Turkey	Oatmeal Bar & Peaches	
31 Breakfast	1 September	2 French Toast Sticks Mixed Fruit	3 Breakfast Burrito Mandarin Oranges	4 Breakfast Pizza Applesauce	5 Chex Blueberries	6
Lunch	No School nor Daycare. Labor Day!	Soft Shell Taco Corn Mandarin Orange Mexi Toppings	Popcorn Chicken Waffle Baked Beans Applesauce	Pasta & Meat sauce Fresh Cauliflower Blueberries	Cheesy Breadsticks Romaine Lettuce Watermelon	
Snack		Apple Sauce & Cheez It	Peppers & Hummus	Cheese Stick & Raisins	Yogurt & Blueberries	
7 Breakfast	8 Cinnamon Toast Crunch Watermelon	9 Waffles Peaches	10 Sausage & Egg Bar Pears	11 Breakfast Pizza Strawberries	12 Trix Orange Wedges	13
Lunch	Pork Tenderloin w/Bun Potato Wedges Peaches	Quesadilla Refried Beans Pears Mexi Toppings	Elementary Grandparents Day Sloppy Joe/Bun Baked Beans Mixed Fruit Potato Chips	Salsibury Steak Dinner Roll Mashed Potatoes Apples	Pizza Crushers Spring Mix Peaches & Pears	
Snack	Apple Slices & Cheddar Cheese Cubes	Yogurt & Animal Crackers	Sunbutter Sandwich	Cucumber & Turkey	Oatmeal Bar & Peaches	
14 Breakfast	15 Cheerios Peaches & Pears	16 Breakfast Bites Mixed Fruit	17 Egg Patty Toast Apple Slices	18 Breakfast Pizza Blueberries	19 Chex Banana	20
Lunch	Hot Dog W/ Bun Sweet Potato Fries Mixed Fruit	Walking Taco Black Beans Pears Mexi Toppings	Chicken Nuggets Pretzel Green Beans Blueberries	Marinara Meatball Garlic Bread Mashed Potatoes Banana	French Bread Pizza Romaine lettuce Apple Slices	
Snack	Sidekick & Muffin	Apple Sauce & Cheez It	Peppers & Hummus	Cheese Stick & Raisins	Yogurt & Blueberries	
21 Breakfast	22 Cinnamon Toast Crunch Apple Slices	23 Pancakes Pears	24 Cheese Omelet Toast Cantaloupe	25 Breakfast Pizza Strawberries	26 Trix Mandarin Orange	27
Lunch	Hamburger W/ Bun Corn Blueberries	Nachos Fajita Chicken Cheese Sauce Mexi Beans Apple Slices Mexi Toppings	Fish Sticks Biscuits Smiley Potatoes Strawberries	Chicken Alfredo Cherry Tomatoes Peaches	Cheese Pizza Broccoli Mixed Fruit	
Snack	Apple Slices & Cheddar Cheese Cubes	Yogurt & Animal Crackers	Sunbutter Sandwich	Cucumber & Turkey	Oatmeal Bar & Peaches	
Breakfast: Entrée, Fruit, and Milk		Menu is subject to change				Ryan Geerts Food Service Manager 319-396-7792 ext. 316 ryan.geerts@crxcs.org
Lunch: Entrée, Fruit, Vegetable and Milk		All Grains are whole wheat or whole grain.				
Snack: 2 of the following Milk, Protien, Vegetable, Fruit, and Grain		"This institution is an equal opportunity provider" Substitutes will be available for dietary restrictions.				